



Linda Marshall

Author

"I believe that developing emotional intelligence is key to living a purposeful and fulfilling life. Through my books I aim to guide readers on a journey of self-discovery, helping them unlock the power of their emotions and cultivate a deeper understanding of themselves and others."

ABOUT LINDA MARSHALL

AUTHOR, MOTIVATIONAL SPEAKER, TELEVISION HOST, AND THOUGHT LEADER IN EMOTIONAL INTELLIGENCE

As president of Marshall Connects, Linda is an entrepreneur, author, motivational speaker, television host, and thought leader in emotional intelligence who brings over 35 years of experience working with and educating teams to strive for excellence and reach their potential.

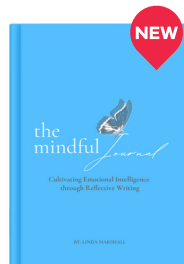
As a member of the Canadian Association of Professional Speakers (CAPS), Speaker U, and certified as an Emotional Intelligence EQ-i Trainer and Coach, Linda brings her on-the-ground experience to help businesses and individuals succeed in developing and maintaining strong leadership and team dynamics. Her accreditation in EQ-i 2.0 and EQ 360 facilitation is an internationally recognized talent assessment, communication, and change management tool.



Linda's debut book, *Giving Back, How to Find Your Personal Joy and Make a Difference to Others*, was designed to be more than just a motivational read.

It was important to Linda to offer continued personal growth; something she continued with her second book, *The Power of Emotion, A Practical Guide to Making The Most of Your Emotional Intelligence*.

Marshall's latest book, *The Mindful Journal: Cultivating Emotional Intelligence through Reflective Writing*, is a transformative guide, offering 115 days of self-discovery through daily prompts that unlock emotional intelligence, fostering personal growth and self-awareness.



In addition to conducting individual and team emotional intelligence assessments, training, and coaching, Linda offers a wealth of keynote addresses, workshops, and consulting services. She has developed strengths in corporate strategy, team building, board development, and business planning, with demonstrated success in managing complex, multi-site operations.

She is an expert in leveraging her strengths as a connector and collaborator, setting and achieving goals in often challenging, fast-paced environments.



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